

UP Board Solutions for Class 8 English Chapter 15 The Glorious Sportswomen of India

Comprehension Questions

1. Answer the following questions :

Question 1.

Who is known as the 'Golden Girl of Indian Badminton'?

Solution:

Saina Nehwal is known as the 'Golden Girl of Indian Badminton'.

Question 2.

Who is the highest run scorer in women's international cricket?

Solution:

Mithali Raj is the highest run scorer in women's international cricket.

Question 3.

Who is your favourite sportswoman and why?

Solution:

Arunima Sinha is my favourite sportswoman because even after losing her in an accident, she didn't lose her adventure and sporting spirit. She went on to become first Indian female amputee to climb Mount Everest.

Question 4.

What qualities can be learned on the sports ground?

Solution:

Qualities like team spirit, leadership, decision making ability and flexibility can be better learned on the sports ground.

Question 5.

What do you do in order to encourage girls to take up sports?

Solution:

I cheer for my country's women's cricket team in matches. I also encourage my younger sister to concentrate on her favourite game/sport as much as she concentrates on her studies.

2. Tick (✓) the correct options:

1. Who among the following is known as the 'Queen of Indian Track and Field'

- Mithali Raj
- PV Sindhu

- c. P T Usha ✓
- d. Saina Nehwal

2. MC Mary Kom is also known as

- a. million rupee baby ✓
- b. one dollar child
- c. 500 rupee note
- d. crorepati of India

3. Who is the recipient of ‘Tenzing Norgay Award’.

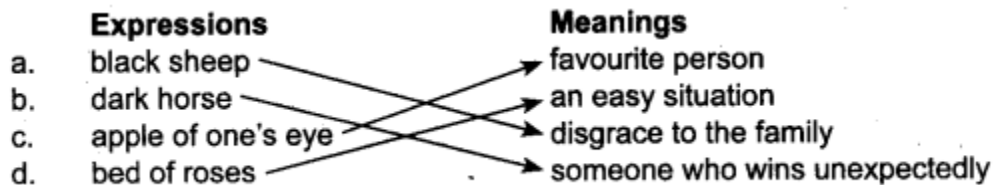
- a. Geeta Phogat
- b. Sania Mirza
- c. Arunima Sinhar ✓
- d. Saina Nehwal

4. Who is the highest run scorer in Women’s International Cricket

- a. PT Usha
- b. PV Sindhu
- c. Mithali Raju ✓
- d. MC Mary Kom

Word Power

1. Match the expressions with their meanings :



2. Read the following abbreviations and their full forms:

- IOA – Indian Olympic Association
- BWF – Badminton World Federation
- ODI – One Day International
- ICC – International Cricket Council
- WTA – Women’s Tennis Association

Language Practice

1. Put the verbs given in the brackets into the correct form and use ‘going to’.

One is done for you:

- 1. It (rain)_____,(It is going to rain)

2. They (eat) are going to eat apples.
3. We (help) are going to help you.
4. d. (wear) am going to wear blue shoes tonight.
5. It is 8:30 pm. You (miss) are going to miss your train.

2. Complete the following sentences using ‘through’ or ‘across’:

1. We swam across the river.
2. We walked through the forest.
3. The train was passing through the tunnel.
4. There is a bridge across the river.
5. They walked across to the other side of the street.
6. He hit the nail through the wood.

Activity

Let’s Write

- **Write a few lines about the ‘Values of Games’ in Life.**

Games play a significant role in our life. Playing outdoor as well as indoor games enhances our focus, alertness, physical and/or mental strength, team spirit and sportmanship. We should play games on daily basis.

- **Names of some games are given below. Mention the names of some famous players associated with these games :**

1. Tennis – **Leander Paes. Mahesh Bhupati**
2. Cricket – **M.S. Dhoni. Virat Kohli. Yuvraj Singh**
3. Football – **Bhaichung Bhutia. Sunil Chhetri**
4. Badminton – **Jwala Gutta. Pullela Gopichand**
5. Hockey – **Sardara Singh. Dhanrai Pillay**