

7. Be a Champion

LISTENING

Recite and enjoy:

Teamwork



Teamwork, teamwork,
Together we can make our dream work.

Then we'll share the joy of what we've done,
Teamwork, everyone!

It's fun to shoot the basketball through the hoop,
But if nobody passes then nobody shoots.

And the relay race just can't go on,
If nobody wants to pass the baton.

We're the parts that make up the whole,
And we've got our eyes on a common goal.

Sometimes it can be a big plus,
When a you or a me becomes an us!

- Jan Nigro

List the games mentioned in the poem:

1. _____ 2. _____

Listen to the story:

Major Dhyan Chand, the Hockey Wizard



Dhyan Chand is called the hockey wizard of India. His winning and patriotic spirit are always remembered.

Once he had an interesting meeting with Adolf Hitler. Adolf Hitler was the dictator of Germany during the 1936 Olympics. The hockey final was played between India and Germany. The day was August 15, 1936.

The Germans wanted to win. They even injured Dhyan Chand. He was the Indian team captain. They played so roughly that he lost some of his teeth. But he did not give up. He kept playing bravely. He even changed his fancy shoes. He decided to wear his simple shoes. Amazingly, he fired three quick goals and India won the match. The final score was India 8, Germany 1.

Adolf Hitler was in the stadium but left the match early. He met Dhyan Chand in a gathering of players after the match.

Dhyan Chand talked about this meeting. Hitler said, “You are a great player. But your country doesn’t value you. Come and play for Germany. I will give you a high position in my army also.”

To this, Dhyan Chand replied, “I am an Indian and India is my home. I am happy as a simple soldier among my own people.”

Such was the simple patriot’s love for India!



Answer the following questions:

1. Who said this, “You are a great player.”?
2. Give one word for - ‘someone who loves his/her country and is committed to it’.
3. Find out the meaning of the phrase ‘to give up’ from the dictionary and make a sentence using it.
4. Imagine if you meet Dhyan Chand, what will you ask?
5. Give another title for the story: _____.

Complete the table:

Situation	What will you do?
If you find ten rupees note from your school compound.	
You have not done your homework. Your friend suggests you to tell a lie.	
If you find an injured bird,	
If you lose the game,	

READING



Read the passage:

The Arjuna Award is the highest sports honour in India. It is officially called the *Arjuna Awards for Outstanding Performance in Sports and Games*. It is awarded annually by the Ministry of Youth Affairs and Sports. As of 2020, the award includes a bronze statuette of Arjuna, certificate, ceremonial dress, and a cash prize of ₹ 15 lakh.

List of Arjuna Award Recipients 2023

	Name of Sportsperson	Sport	Gender
1.	Ojas Pravin Deotale	Archery	Male
2.	Aditi Swami	Archery	Female
3.	Murali Sreeshankar	Athletics	Male
4.	Parul Chaudhary	Athletics	Female
5.	Mohammad Hussamuddin	Boxing	Male
6.	R Vaishali	Chess	Female
7.	Mohammed Shami	Cricket	Male
8.	Pawan Kumar	Kabaddi	Male
9.	Ritu Negi	Kabaddi	Female
10.	Nasreen Shaikh	Kho-Kho	Female

1. The Arjuna award honours _____.
2. What does the Arjuna award include other than the statuette?
3. Which sport received the maximum Arjuna awards in 2023?
4. Have you/your friend received any trophy at your school, block, district, state or national level? If yes, write details.
5. Write the name of another sports award.

Read the story:

Change of Heart

Prabhat was 12 years old. He loved sports but he had one problem. He could not accept defeat. When he lost, he became very sad and angry. He had to win even if he was just playing marbles. He felt so good when he won. He didn't want to give up that feeling. He thought that losing was the worst thing. All his friends and parents knew about this.

Prabhat would take part in a game only when he was sure of winning. Badminton was a sport he was good at. So, he never missed a badminton match. The coach had friendly matches every last Friday of the month. Prabhat waited for these matches eagerly.

One day, a new student joined Prabhat's school. His name was Surya. Surya was also an excellent badminton player. So, very soon Prabhat and Surya were chosen to play a round against each other during a friendly match. Prabhat's friend had to keep the score for their match.

Prabhat prepared for the match very seriously. Surya, on the other hand, was relaxed. He walked about the whole time, smiling and cracking jokes. But on Friday, at the badminton court, he played brilliantly. He won points again and again. Prabhat got scared. He thought he would lose.



He thought of a cunning trick. He signalled his friend to change the score in his favour. when he thought no one was watching. When the match got over, Prabhat's score showed more points than Surya. Surya showed a good spirit and wished Prabhat.

Prabhat became happy. He thought he had tricked everyone. But before the awards ceremony, the principal called him. Tasneemben, his class teacher, had seen his friend changing the scores. She wanted him to realize his mistake so she informed the coach.

The coach disqualified Prabhat from the match. He was suspended from badminton for six months. He realized his mistake. If he had been honest, he could have won another day. Now, he could only watch Surya play.

Match 'A' with 'B':

'A'	'B'	Answer
1. He punished Prabhat.	a. Prabhat	1. c
2. She caught Prabhat cheating during the match.	b. Surya	2. _____
3. He wanted to win at any cost.	c. The coach	3. _____
4. He was relaxed and enjoying his game.	d. Tasneemben	4. _____

Study the time table:

Timetable (Standard 6)							
	Timing	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:35-11:00	PREPARATION					
	11:00-11:20	PRAYER ASSEMBLY					
1	11:20-11:55	Social Science	Social Science	Social Science	Hindi	Hindi	Hindi
2	11:55-12:30	Social Science	Social Science	Social Science	Hindi	Hindi	Library
3	12:30-01:05	Science	Science	Science	Maths	Maths	Maths
	01:05-01:45	Mid-day Meal					Short break
4	01:45-02:20	Science	Science	Science	Maths	Maths	Sarvangi Shikshan
5	02:20-02:55	Gujarati	Gujarati	English	English	English	Sarvangi Shikshan
6	02:55-03:30	Gujarati	Gujarati	English	English	English	Mid-day Meal
	03:30-03:45	Short Break					
7	03:45-04:20	Maths	Vedic Maths	Sarvangi Shikshan	Sanskrit	Gujarati	
8	04:20-05:00	Maths	Sarvangi Shikshan	Sarvangi Shikshan	Sanskrit	Gujarati	

Answer the following questions:

1. The _____ begins at 11:00 every day.

2. When is Maths class on Thursday?

3. The recess is from _____ to _____.

4. Do the students study Gujarati on Wednesdays?

WRITING

Read the details about Dhyan Chand and complete the given grid using details of one of your family members:

Name: Major Dhyan Chand		
Birth	1905	Dhyan Chand was born.
Education	1921	Dhyan Chand received basic education till the age of 16.
Profession	1922	Dhyan Chand joined the army.
Achievements	1928, 1932, 1936	The Indian hockey team won the Olympic gold three times when Dhyan Chand was in it.
Retirement	1948	Dhyan Chand retired from first class hockey.
Family member's name:		
Birth		
Education		
Profession		
Achievements		
Add one more _____		



Here is a story. Three students have made its summary. Which one is the best summary? Rewrite the most appropriate summary:

Once upon a time, there was an ant in a jungle. She was hardworking. She worked whole summer to collect food. She knew that in cold winter there will be no food. She worked hard from morning to evening. She carried heavy grains of wheat, one by one, to her house.

In the same jungle, there lived a grasshopper. He was very careless. In summer days he passed time in singing and dancing. He saw the ant working hard and laughed at her. He said to the ant, “Why do you work so hard, dear ant? There’s plenty of food around. Come, sing and dance with me!” The ant replied, “I am preparing for the winter. What will you do in winter? You should also collect food for winter.” The grasshopper said, “There is a lot of time before winter arrives. Don’t worry about the future. Live in the present.”

Time passed. Winter arrived. The days grew shorter and colder. There were less leaves and less fruits. There was less food. The grasshopper was now cold and hungry. He did not have anything to eat. He realized his mistake. But it was too late.

The grasshopper went to the ant. He requested, “Dear ant, please share some of your food with me. I am cold and hungry. I did not prepare for the winter.”

The ant was comfortable in her house. She had enough food. She was very kind. She said, “I worked hard all summer to prepare for the winter but you sang and danced.”

It is important to help others so she shared some food. The grasshopper thanked her.

The grasshopper understood the importance of hard work. He learned the lesson. In the next summer, he worked hard.

નીચેના મુદ્દાઓ પર ચર્ચા કરીને શિક્ષક વિદ્યાર્થીઓને શ્રેષ્ઠ **Summary** નક્કી કરવા માટે મદદ કરશે.

- **Summary** પોતાના શબ્દોમાં લખી છે? વાર્તામાંથી વાક્યો સીધા મૂક્યા છે?
- **Summary** ટૂંકમાં લખી છે કે બહુ લાંબી છે?
- વાર્તાના બધા મુદ્દા આવરી લીધા છે કે કોઈ મુદ્દા છુટી ગયા છે?

<p>Once upon a time, there was an ant in a jungle. She was hardworking. She worked all summer to collect food. She knew that in cold winter there would be no food. She worked hard from morning to evening. In the same jungle, there lived a grasshopper. He was very careless. In summer days he passed time in singing and dancing. He saw the ant working hard and laughed at her. Winter arrived. The days grew shorter and colder. There was less food. The grasshopper was now cold and hungry. He did not have anything to eat. The grasshopper went to the ant for help. She was very kind. She said, "I worked hard all summer to prepare for the winter but you sang and danced." She shared some food. The grasshopper thanked her. The grasshopper understood the importance of hard work. He learned the lesson. In the next summer, he worked hard.</p>	A
<p>A hardworking ant spent her summer collecting food in a jungle. A careless grasshopper spent his time singing and dancing. The ant advised him but he didn't follow it. When winter arrived, the grasshopper was cold and hungry. He asked for the ant's help. The ant helped him. The grasshopper was thankful. He also changed himself and worked in the next summer.</p>	B
<p>There was an ant. There was a grasshopper. The ant was hard working and the grasshopper was lazy. There was no food at grasshopper's home. He was hungry. So he went to the ant's house. Ant helped him. The grasshopper ate it. He was happy.</p>	C

The best summary is Summary _____. Why is Summary _____ the best?
Discuss:



Write a paragraph about Ranjitsinhji, the famous cricketer. You can also use the following data:

Full Name	K. S. Ranjitsinhji
Nick Name	Ranji
Birth	10 th September 1872
Sports	Cricket
Main Role	Batsman
Batting Style	Right-handed
Top Score in First class cricket	285
Highest score in Test Match	175
Interesting facts	He is known for a shot called leg glance. <i>Ranji Trophy</i> is named in his honour.

LANGUAGE FUNCTION



Find the words from the grid and make pairs below:

(made, did, swam, had, got up, drew, saw, studied, gave)

s	i	g	o	t	u	p	s
t	p	a	s	a	s	a	w
u	q	v	a	d	i	d	a
d	g	e	t	k	p	n	m
i	d	r	e	w	e	n	h
e	m	a	d	e	j	m	a
d	I	e	a	r	n	t	d

Example: **make** - **made**

- | | |
|-------------------|------------------|
| 1. give - _____ | 2. do - _____ |
| 3. swim - _____ | 4. have - _____ |
| 5. get up - _____ | 6. draw - _____ |
| 7. see - _____ | 8. study - _____ |

Study the example and write what Sneha did yesterday:

Sneha's Yesterday

Example: Sneha got up early in the morning yesterday. (get up)
1. She _____ exercise last morning. (did, done)
2. She _____ healthy breakfast. (has, had)
3. She _____ to school. (went, go)
4. She _____ a picture. (draw, drew)
5. She _____ her homework, (did, do)

Choose the most appropriate options from the bracket and complete the dialogue:

(Did you see, clicked, visited, enjoyed, saw, did not see)

Rahul : What did you do yesterday?

Ravi : I _____ the zoo with my family.

Rahul : That sounds fun! _____ any lions?

Ravi : No, I _____ any lion but I _____ elephants. I
_____ many photos.

Rahul : Great! Did you enjoy the visit?

Ravi : Of course, I _____ a lot. It was a great fun.



Read the passage, classify and write the sentences:

Akshay is studying for his exam. He studied hard last night. But he doesn't feel prepared. His friends are helping him now. They are explaining the concepts clearly. They helped him yesterday too. He has understood the material better. He is confident now. He took a practice test last week. He is reviewing his notes again. He made many mistakes in the last exam. He learnt a lot from his mistakes.

Before

He studied hard last night.

Now

He is studying for his exam.



Read the passage and rewrite it as directed:

Ziya **celebrates** World Environment Day. An environment rally **passes** through her city. An article of the celebration **is** also published in the newspaper. Her school **organizes** a clean-up drive to collect waste from the local park. Her school principal **delivers** a speech about the importance of protecting the environment. She **pledges** to reduce the carbon footprint.

(organized, was, celebrated, delivered, pledged, passed)

Start like this -

Ziya celebrated World Environment Day...

VOCABULARY

Find the words from the grid:

(Cricket, Football, Golf, Kabaddi, Tennis, Kho-Kho, Race, Langdi, Archery)

c	i	g	k	h	o	k	h	o
r	f	o	o	t	b	a	l	l
i	g	l	a	n	g	d	i	p
c	o	f	r	a	c	e	t	n
k	a	b	a	d	d	i	k	g
e	t	e	n	n	i	s	x	a
t	a	r	c	h	e	r	y	l

Circle the correct spellings:

- | | | | |
|--------------|-----------|-----------|------------|
| 1. patriotic | petriotic | patriotik | patriotick |
| 2. qiuck | queck | quick | quike |
| 3. contry | country | cuontry | cauntry |
| 4. badminton | bedmintan | bedminton | badmintan |
| 5. kracking | craking | crecking | cracking |

Classify the words according to the mentioned sports:

(racket, court, hockey-stick, goal, bow, moves, queen, arrow)

Badminton	Archery	Chess	Hockey

ACTIVITY

Let's play - Identify me:

શિક્ષક વર્ગને બે જૂથમાં વિભાજિત કરશે. દરેક જૂથમાંથી એક વિદ્યાર્થી આગળ આવશે અને વર્ગ સમક્ષ તેમની મનપસંદ રમતની **action** કરશે. અન્ય જૂથ ક્રિયાનું અને રમતનું અનુમાન લગાવશે. જે જૂથ સાચી રમત ઓળખશે તે જૂથને **1 point** મળશે. શિક્ષક વિદ્યાર્થીઓને શક્ય તેટલી વધુ રમતો વિશે વિચારવા અને અલગ-અલગ ક્રિયાઓની **action** કરવા પ્રોત્સાહિત કરશે.

SPEAKING

Describe the picture:

(Gilli danda, Langdi, Kabaddi)

This is a picture of



Read the dialogue. Make pairs and enact it:

Swapnil: I like Kho-Kho very much. Do you like it?

Kiyan: No, I don't. But I like Kabaddi very much. Why do you like Kho kho?

Swapnil: Kho-Kho makes our body very flexible and quick.

Kiyan: Yes. Kabaddi also makes our body very strong and mind alert.

Swapnil: All games make us healthy and strong.

Kiyan: Hmm! It's fun playing games.

DO IT YOURSELF

Make a list of games played in your school. Make a chart displaying information about anyone of these games:

(Include: Who plays this game? Where is it played? Is it a team sport? How did this sport begin? Famous sports persons)