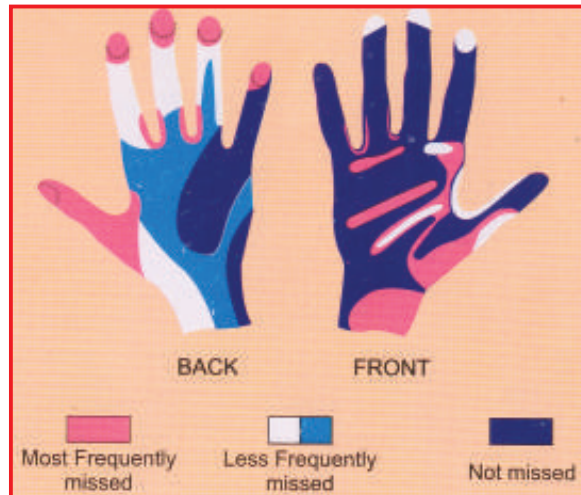


3. Hand Care

" Hand Washing is the Corner Stone of Infection Control." Discuss.



The results of a hand cleansing study established that in many cases, hand washing technique was inadequate.

HAND WASH TECHNIQUE



1. Wet hands thoroughly with water. Take one measure of cleanser.



2. Rub hands palm to palm.



3. Right hand over back of left. Change and repeat.



4. Fingers linked in palms.



5. Rotate right hand around left thumb, change hands and repeat.



6. Rotate right hand around left wrist, change hands and repeat.

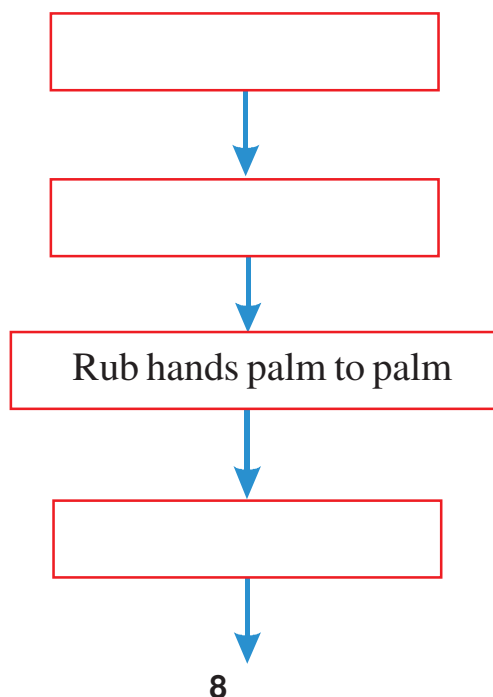
Word Meanings

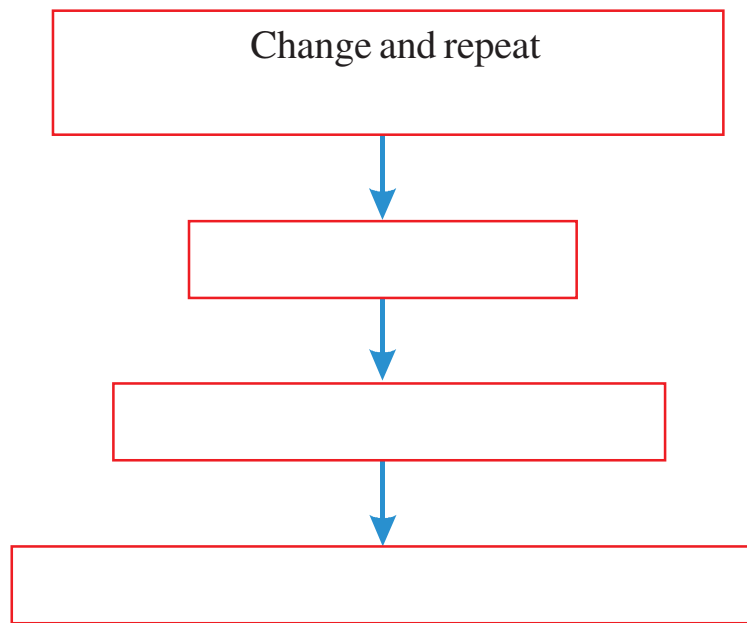
corner stone	very important
infection	"Sankraman", being attacked by germs
control	to stop, slow down
cleanser	soap (a liquid form)
cleansing	to get rid of dirt
establish	to prove with evidence
technique	way of doing something
inadequate	not good enough
rotate	turn around a fixed point
thoroughly	completely

Reading Comprehension

1. Write the sentence from the lesson that means "bad techniques of hand washing leads to infection".
2. Look at the first picture and name the areas most frequently missed while washing hands.
3. There are six steps of hand washing in the advertisement. Which are the steps generally missed out by us ?
3. Complete the flow chart:

How to wash hands :





Vocabulary

Insert a, e, i, o, u in the bubbles to make meaningful words and write their meanings in your mother tongue.



cntrl	_____	_____
rtt	_____	_____
tchnqu	_____	_____
clnsng	_____	_____
ndqut	_____	_____
stblshd	_____	_____
thrgly	_____	_____

