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**Question Paper 2015 - 2016**  
**CBSE Class – 11 English Core**

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**General Instructions:**

- This paper consists of four sections A, B, C, D.
  - Attempt all questions.
  - Do not write anything in the question paper.
  - All the answers must be correctly numbered as in the question paper and written in the answer sheet provided to you.
  - Ensure that questions of each section are answered together.
  - Read each question carefully and follow the instructions.
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**Section-A (Reading Skills)**  
**( 20 marks)**

1. Read the following passage and answer the questions that follow by choosing the answers from the given options: **(1×6=6)**

It's not just the company's financial health that makes it to boardroom discussions. In the highly competitive business world, healthy employees mean a lot as well. Realizing this, many corporate houses in the city have now chalked out comprehensive health programmes as part of their executive 'well-being plan'. 'In an era of globalization and competition, corporate houses have realized the importance of having a healthy workforce. So many companies have now introduced health programmes for their executives,' says Dr. Motia Talapade from a multi speciality hospital.

Doctors agree that due to long working hours and irregular eating habits, most executives are now suffering from hypertension, headache, fatigue, and exhaustion. 'With competition increasing by the day, it's tough for the white collared workforce. In addition, IT revolution has brought about many changes in offices,' says Ankur Dave, who has been working closely with a number of corporates on health plans.

For people in the hospitality industry and call centres, the work involves a shift system too

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and irregular working hours means going against the biological clock. 'Stress is the silent killer for young professionals. Most of them have lifestyle problems. Interestingly, many executives also take to smoking under the pretext of work pressure,' says Dr. Dave. Tarun Patel, medical officer contribute to the growth of the organization. Apart from regular health check-ups, we have other programmes like yoga and meditation workshops for executives,' says Patel.

A leading telecom company recently organized an obesity detection and ophthalmology camp for its employees. 'Apart from having a gym, we also conduct regular classes in yoga and aerobics to keep our employees fit. Lectures and workshops also create awareness,' an official of the firm said. Food too has come under scrutiny. An oil company now has introduced lowcalorie lunch for its personnel.

But sometimes even such preventive measures can't safeguard employees from mental strain. No wonder then that some firms are now organizing counselling sessions for employees. 'Though we have started operations recently, we are in the process of formulating a health programme for our staff. Employees' health matter for the company's performance in the long run,' says Chris Robinson, head of a BPO. Pumping iron and building muscles might not be everybody's cup of tea but staying healthy is certainly the mantra for staying in business.

1. What is the chief concern of companies these days?

- (a) employees' salary
- (b) employees' working conditions
- (c) management's profit
- (d) employees' health

2. Choose the factors that lead to ill health :

- (i) long working hours
- (ii) long periods of relaxation
- (iii) irregular eating habits

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(a) (i) & (ii)

(b) (i) & (iii)

(c) (ii) & (iii)

(d) all of the above

3. How does ill health manifest itself?

(a) through chronic diseases

(b) through stress and lifestyle problems

(c) through family problems

(d) through bad performance

4. What do corporate houses do to ensure the health of their employees?

(a) they conduct health check-ups

(b) they take them for excursions

(c) they give them vacations

(d) all of the above

5. Why has counselling been introduced in the corporate sector?

(a) to enhance employees' salary

(b) to ensure employees' mental strength

(c) for pumping iron and building muscles

(d) to ensure company's profit

6. Find a word in the passage which means the same as 'investigation'.

(a) comprehensive

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