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# MATCH THE FOLLOWING LETS RECALL

- 1. The buddha NAMGHAR
- 2. Shankaradeva WORSHIP OF VISHNU
- 3. Nizamuddin auliya QUESTIONED SOCIAL DIFFERENCES
- 4. Nayanars SUFI SAINT
- 5. Alvars WORSHIP OF SHIVA



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## ANSWER:

- > THE BUDDHA SOCIAL DIFFERENCES
- > SHANKARADEVA
- > NIZAMUDDIN AULIYA SUFI SAINT
- > NAYANARS SHIVA
- > ALVARS VISHNU

- QUESTIONED
- NAMGHAR
- - WORSHIP OF
    - WORSHIP OF



### QUESTION 2. FILL IN THE BLANKS:

(a) SHANKARA was an advocate of

(b) RAMANUJA was influenced by the

(c), ..... and ..... were advocates of VIRASHAIVISM.

(d) ..... was an important centre of the **BHAKTI TRADITION IN MAHARASHTRA**.



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### **ANSWER**

- > ADVAITA
- > ALVARS
- > BASAVANNA, ALLAMA PRABHU, AKKAMAHADEVI
- > PANDHARPUR

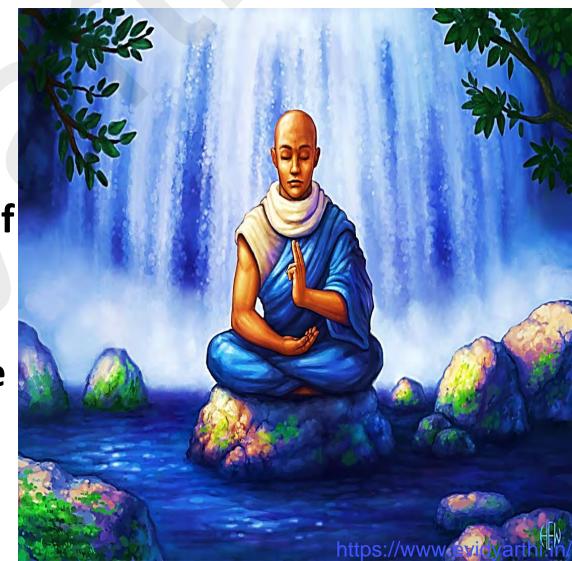


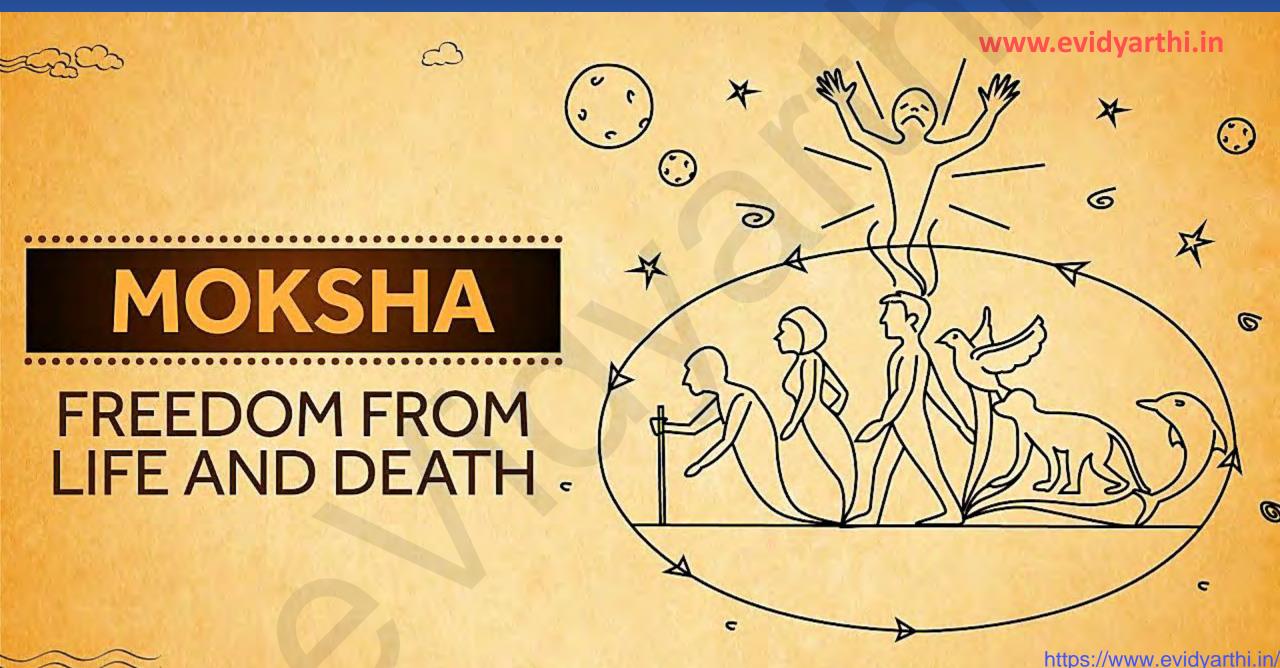
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QUESTION 3. Describe the beliefs and practices of the Nathpanthis, Siddhas and Yogis.

### **ANSWER:**

- 1. They advocated renunciation of the world.
- 2. They believed that the path to salvation lay in meditation on the FORMLESS GOD and the realisation of oneness with it.

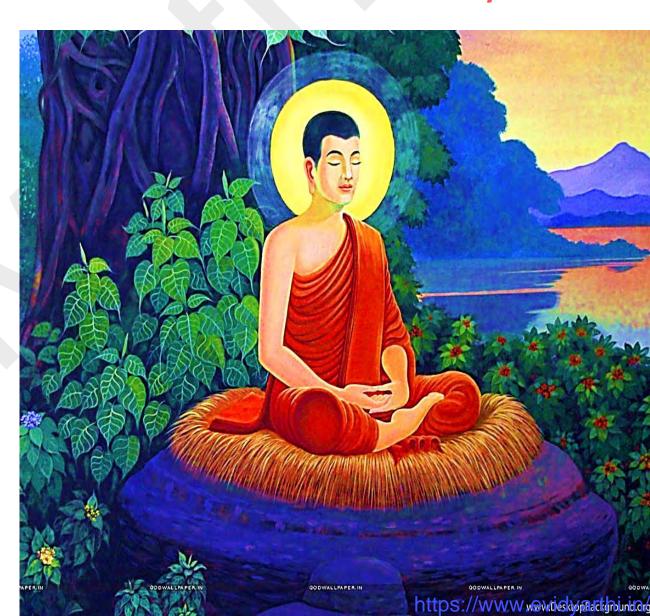




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3. To achieve this they advocated intense training of the mind and body through practices like **YOGASANSAS**, **BREATHING EXERCISES AND MEDITATION**.

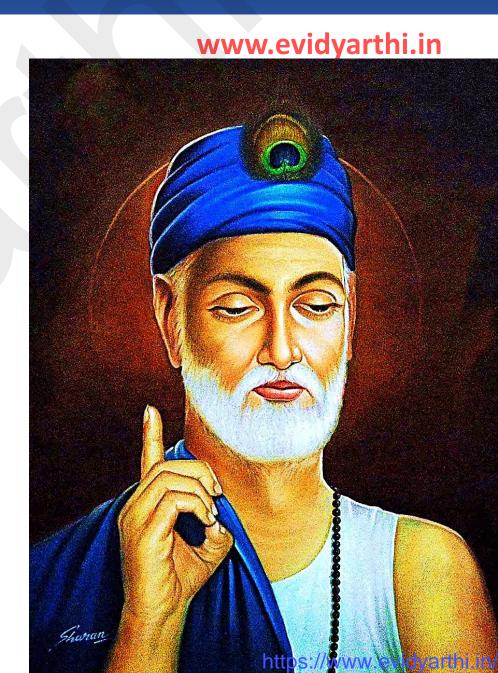
4. They did not believe in the ritual and oilier aspects of conventional RELIGION AND THE SOCIAL ORDER.



QUESTION 4. What were the major ideas expressed by Kabir? How did he express these?

**ANSWER:** The major ideas expressed by Kabir include:

- 1. Rejection of major **RELIGIOUS TRADITIONS**.
- 2. Criticism of all forms of external worship of both BRAHMANICAL HINDUISM AND ISLAM.



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### HINDUISM

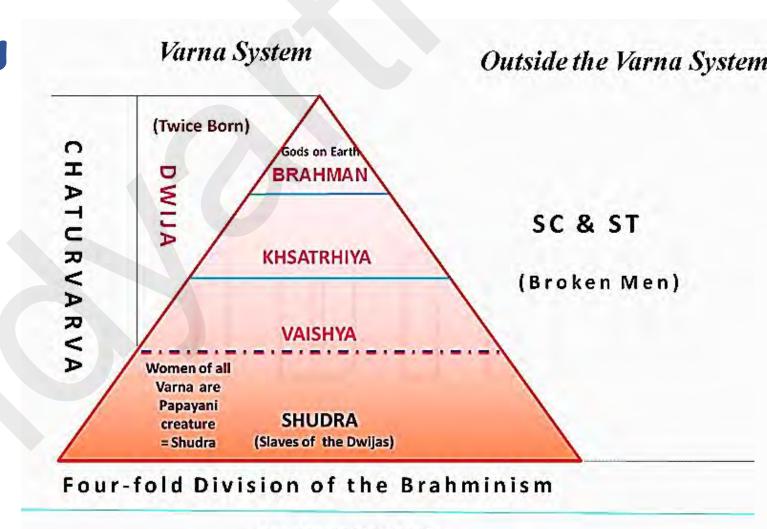
### ISLAM



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3. Criticism of PRIESTLY CLASSES AND CASTE SYSTEM.

4. Belief in a formless **SUPREME GOD**.



Pre-Buddhist India

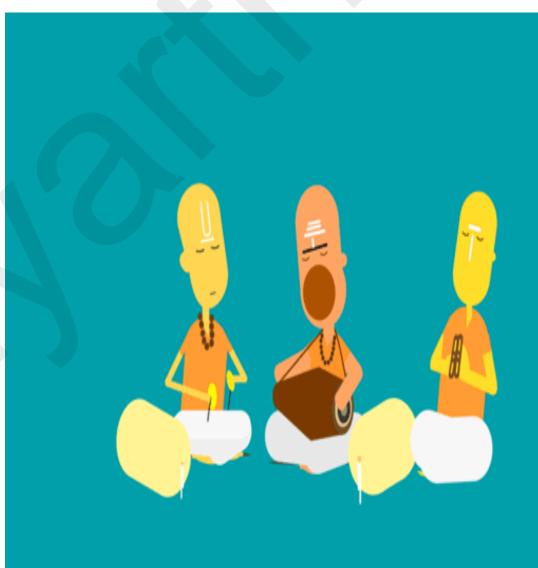
Non-Aryans Vs. Aryans Conflicts

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5. Emphasis on Bhakti or devotion to achieve salvation.

**KABIR** expressed his ideas in a vast collection of verses known AS SAKHIS AND PADS. These are said to have been composed by him and sung by wandering **BHAJAN** SINGERS.



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# KABIR'S SAKHI

ऐसी बाँणी बोलिए मन का आपा खोई। अपना तन सीतल करे औरन कें सुख होई।।

### KABIR'S PAD

हम तौ एक एक करि जांनां । दोइ कहें तिनहीं कौं दोजग जिन नाहिंन पहिचांनां ।।



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LET'S UNDERSTAND

**QUESTION 5.** What were the major beliefs and practices of the Sufis?

### **ANSWER:**

1. Sufis were MUSLIM MYSTICS.
They rejected outward religiosity and gave emphasis on love and DEVOTION TO GOD. They inspired people to be compassionate towards all fellow human beings.





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2. They rejected idol worship and considerably simplified RITUALS OF WORSHIP INTO COLLECTIVE PRAYERS

3. They believed that the heart can be trained to look at the world in a different way.



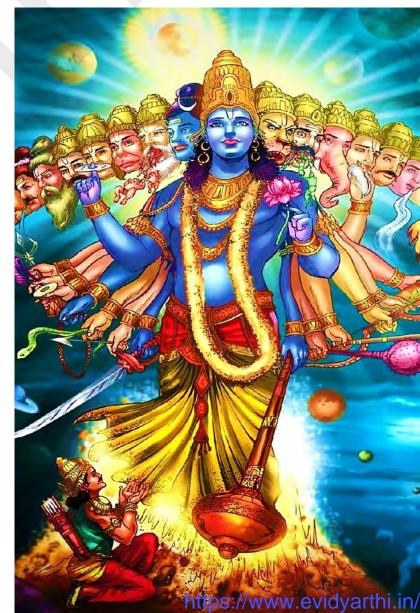
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4. They developed elaborate methods of training using **ZIKR**, meaning chanting of a name or SACRED FORMULA. CONTEMPLATION, SAMA. SINGING, RAQS, DANCING, discussion of parables, **BREATH CONTROL** etc. under the guidance of a master called PIR



QUESTION 6. Why do you think many teachers rejected prevalent (MOST COMMON) religious beliefs and practices?

ANSWER: Many teachers rejected PREVALENT RELIGIOUS BELIEFS AND PRACTICES because these were based on social differences, excess RITUALISM and outward display piety.

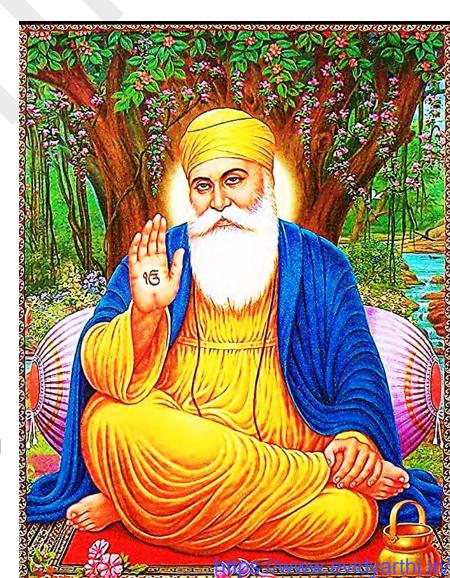


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QUESTION 7. What were the major teachings of Baba Guru Nanak?

### **ANSWER:**

- 1. Baba Guru Nanak emphasized the importance of the worship of one God.
- 2. He insisted that CASTE, CREED OR GENDER was irrelevant for attaining liberation. His idea of liberation was based on the pursuit of active life with a strong sense of SOCIAL COMMITMENT.



- 3. He used the terms NAM, DAN AND ISNAN for the essence of his teaching, which actually meant RIGHT WORSHIP, WELFARE OF OTHERS AND PURITY OF CONDUCT.
- 4. He gave importance to RIGHT-BELIEF AND WORSHIP, HONEST LIVING AND HELPING OTHERS.
- 5. Guru Nanak, thus, promoted the idea of **EQUALITY**.



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### PROMOTED IDEA OF EQUALITY









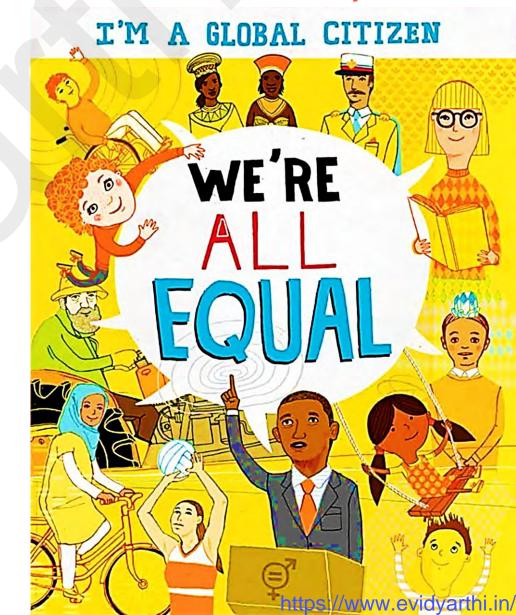
QUESTION 8. For either the Virashaivas or the saints of Maharashtra, discuss their attitude towards caste.

**ANSWER:** Attitude of the Virashaivas towards caste:

They believed in the equality of all human beings. They were against Brahmanical ideas about caste and the TREATMENT OF WOMEN.



> They wished for a society where people of all **BACKGROUNDS** could live in harmony without any feelings of HIGH AND LOW, RICH AND POOR.



QUESTION 9. Why do you think ordinary people preserved the memory of Mirabai?

ANSWER: MIRABAI was a RAJPUT PRINCESS married into the royal family of MEWAR. But she had no interest in the worldly affair. She was an ardent devotee of KRISHNA and wanted to devote her time to the worship of her lord.



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She had no belief in **PRINCELY STATUS** and other norms of high class society. Her devotion to her deity was supreme. Hence, she left the royal palace and began to lend. Simple life with ordinary people.

